

Appendices

Appendix Table 1: Frequency of self-reported chronic disorders by system.

Disorder	N
Psychiatric disorders	6
Allergy	7
Blood and lymphatic system disorders	1
Malignancy	3
Cardiovascular disorders	9
Ear and labyrinth disorders	4
Endocrine disorders	3
Eye disorders	1
Gastrointestinal disorders	5
Chronic infection	1
Metabolic disorder	2
Musculoskeletal and connective tissue disorders	6
Nervous system disorders	5
Reproductive system and breast disorders	2
Respiratory disorders	7

Individual disorders are not published due to disorders with counts less than 1 being potentially identifiable. Some participants reported multiple disorders.

Appendix Table 2: Frequency of responses in each domain of EQ-5D-5L.

Variable	N/42 (%)
Mobility	
I have no problems in walking about	35 (83.3)
I have slight problems in walking about	4 (9.5)
I have moderate problems in walking about	3 (7.1)
I have severe problems in walking about	0 (0)
I am unable to walk about	0 (0)
Self-care	
I have no problems washing or dressing myself	41 (97.6)
I have slight problems washing or dressing myself	1 (2.4)
I have moderate problems washing or dressing myself	0 (0)
I have severe problems washing or dressing myself	0 (0)
I am unable to wash or dress myself	0 (0)
Usual activities	
I have no problems doing my usual activities	28 (66.7)
I have slight problems doing my usual activities	8 (19.0)
I have moderate problems doing my usual activities	6 (14.3)
I have severe problems doing my usual activities	0 (0)
I am unable to do my usual activities	0 (0)
Pain/discomfort	
I have no pain or discomfort	19 (45.2)
I have slight pain or discomfort	17 (40.5)
I have moderate pain or discomfort	5 (11.9)
I have severe pain or discomfort	1 (2.4)
I have extreme pain or discomfort	0 (0)
Anxiety/depression	
I am not anxious or depressed	19 (45.2)
I am slightly anxious or depressed	17 (40.5)
I am moderately anxious or depressed	6 (14.3)
I am severely anxious or depressed	0 (0)
I am extremely anxious or depressed	0 (0)

Appendix Table 3: Frequency of ongoing symptoms.

Symptom	N/42(%)
Anxiety	17 (40.5)
Behaviour change	16 (38.1)
Can't move and/or feel one side of body or face	3 (7.1)
Chest pain	14 (33.3)
Constipation	7 (16.7)
Depressed mood	21 (50.0)
Diarrhoea	11 (26.2)
Dysmenorrhoea	7 (33.3)*
Dizziness/light headedness	23 (54.8)
Fainting/blackouts	4 (9.5)
Fever	5 (11.9)
Forgetfulness	23 (54.8)
Jerking of limbs	12 (28.6)
Joint pain/swelling	16 (38.1)
Loss of appetite	16 (38.1)
Loss of interest/pleasure	22 (52.4)
Lumpy lesions	0 (0)
Nausea/vomiting	8 (19.0)
Numbness or tingling	14 (33.3)
Pain on breathing	12 (28.6)
Palpitations	16 (38.1)
Persistent dry cough	12 (28.6)
Persistent fatigue	27 (64.3)
Problems hearing	12 (28.6)
Persistent headache	19 (45.2)
Persistent muscle pain	16 (38.1)
Post-exercise malaise	23 (54.8)
Problems passing urine	3 (7.1)
Problems seeing	14 (33.3)

Appendix Table 3 (continued): Frequency of ongoing symptoms.

Symptom	N/42(%)
Problems swallowing	2 (4.8)
Problems with balance	10 (23.8)
Problems with gait/falls	3 (7.1)
Reduced smell	17 (40.5)
Reduced taste	13 (31.0)
Ringing in ears	11 (26.2)
Seizures	1 (2.4)
Shortness of breath	21 (50.0)
Skin rash	3 (7.1)
Slowness of movement	6 (14.3)
Sleeping less	18 (42.9)
Sleeping more	17 (40.5)
Stiffness of muscles	18 (42.9)
Stomach pain	9 (21.4)
Swollen ankles	3 (7.1)
Tremors	5 (11.9)
Trouble in concentrating	23 (54.8)
Weakness in limbs	12 (28.6)
Weight loss	8 (19.0)
Erectile dysfunction	5 (20.8) [§]
Hallucinations	1 (2.4)
[†] Female sex N=20, [§] Male sex N=24	