

## Appendix

### Shared goals of care plan

Family Name: \_\_\_\_\_

Given Name: \_\_\_\_\_ Gender: \_\_\_\_\_

AFFIX PATIENT LABEL HERE

Date of Birth: \_\_\_\_\_ NHI#: \_\_\_\_\_

Discuss the goal of care for this admission with the person, family, whānau or other (as appropriate).  
Select the agreed goal of care and document your discussion.

Attempt CPR	<b>A</b> The goal of care is <b>curative</b> or <b>restorative</b> . <input type="checkbox"/> Treatment aims to prolong life. Attempt CPR: it is clinically recommended and in accordance with the person's known wishes. Also for referral for ICU level care, MET calls and all appropriate life sustaining treatments. Additional comments: _____ _____
	<b>B</b> The goal of care is <b>curative</b> or <b>restorative</b> . <input type="checkbox"/> Treatment aims to prolong life and enhance its quality. Do not attempt CPR: this is likely to cause more harm than benefit or is not desired by the person. Referral for ICU level care is appropriate <input type="checkbox"/> Yes <input type="checkbox"/> No MET calls are appropriate. Additional comments (e.g. non-invasive ventilation, dialysis): _____ _____
Do not attempt CPR	<b>C</b> The goal of care is primarily <b>improving quality of life</b> . <input type="checkbox"/> Treatment aims to control symptoms, enhance wellbeing and should be easily tolerated. Do not attempt CPR: this is likely to cause more harm than benefit. Referral for ICU level care is unlikely to be appropriate. MET calls are appropriate <input type="checkbox"/> Yes <input type="checkbox"/> No Additional comments (e.g. antibiotics, IV fluids, NG feeding): _____ _____
	<b>D</b> The goal of care is <b>comfort whilst dying</b> . <input type="checkbox"/> Treatment aims to alleviate suffering in the last hours or days of life and allow a natural death. Consider end of life guidelines such as <i>Te Ara Whakapiri</i> . Do not attempt CPR. Referral for ICU level care and MET calls are not appropriate. Additional comments (e.g. pain management, fluids): _____ _____

This plan has been discussed with the person. If not, record reason overleaf.

Name: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Time: \_\_\_\_\_

Designation: \_\_\_\_\_ Signature: \_\_\_\_\_

SMO informed, name: \_\_\_\_\_

This plan is not valid unless signed and dated. Clinically review the person if there are concerns or a change in their condition. Any change to the goal of care requires a new plan and the earlier plan crossed out.  
Include shared goals of care information in the discharge summary.

# Shared goals of care plan

Use this side first to guide the discussion and record key points.

Family Name: \_\_\_\_\_

Given Name: \_\_\_\_\_ Gender: \_\_\_\_\_

*AFFIX PATIENT LABEL HERE*

Date of Birth: \_\_\_\_\_ NHI#: \_\_\_\_\_

## Prepare

Consider the person's capacity, their privacy, support people, cultural needs and medical trajectory.

Do they have an:

- Advance Care Plan and/or Advance Directive?  Yes  No  Unknown
- Enduring Power of Attorney (EPA) or legally appointed guardian?  Yes  No  Unknown

If yes, circle either EPA or legal guardian and record their full name:

\_\_\_\_\_

Seek agreement with the person to have the discussion, with the people they want present.

Full name(s), relationship(s) and role(s) of those present: \_\_\_\_\_

\_\_\_\_\_

## Discuss

Ask about their understanding of their current condition and what may lie ahead.

Ask how much information they would want to know.

Share your understanding of their current condition and what may lie ahead.

Explore their values and what is important — their priorities, hopes, worries, what helps in tough times and what they would be willing to go through for more time.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Summarise and check for shared understanding.

Explain your recommendation in plain language, outlining which treatments are more likely to cause benefit than harm.

Reach a decision and document the goal of care overleaf.

Additional comments: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Further information in clinical record.

If discussion not held with person, record reason below: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Document follow-up plan in the clinical record.