

## Appendix

### Appendix 1: Medication categories.

Category	Examples
Oral anti-diabetic	Alpha-glucosidase inhibitors Biguanide Dipeptidyl peptidase-4 (DPP-4) inhibitors Glucagon-like peptide-1 (GLP-1) receptor agonists Sodium-glucose co-transporter 2 (SGLT-2) inhibitors Sulfonylurea Thiazolidinediones
Psychiatric	Anti-depressants Anti-psychotics Hypnotics Sedatives Stimulants
Analgesics	Anti-convulsant (e.g., gabapentin) Anti-migraine Non-steroidal anti-inflammatory drugs Opiates Paracetamol
Cardiovascular	Anti-anginal Anti-arrhythmic Anti-coagulation Anti-hypertensives Anti-platelets Diuretics Lipid-lowering
Nutritional supplementation	Iron supplementation Multivitamins Vitamin B12 Vitamin D
Gout	Allopurinol Colchicine
Respiratory	Inhalers