

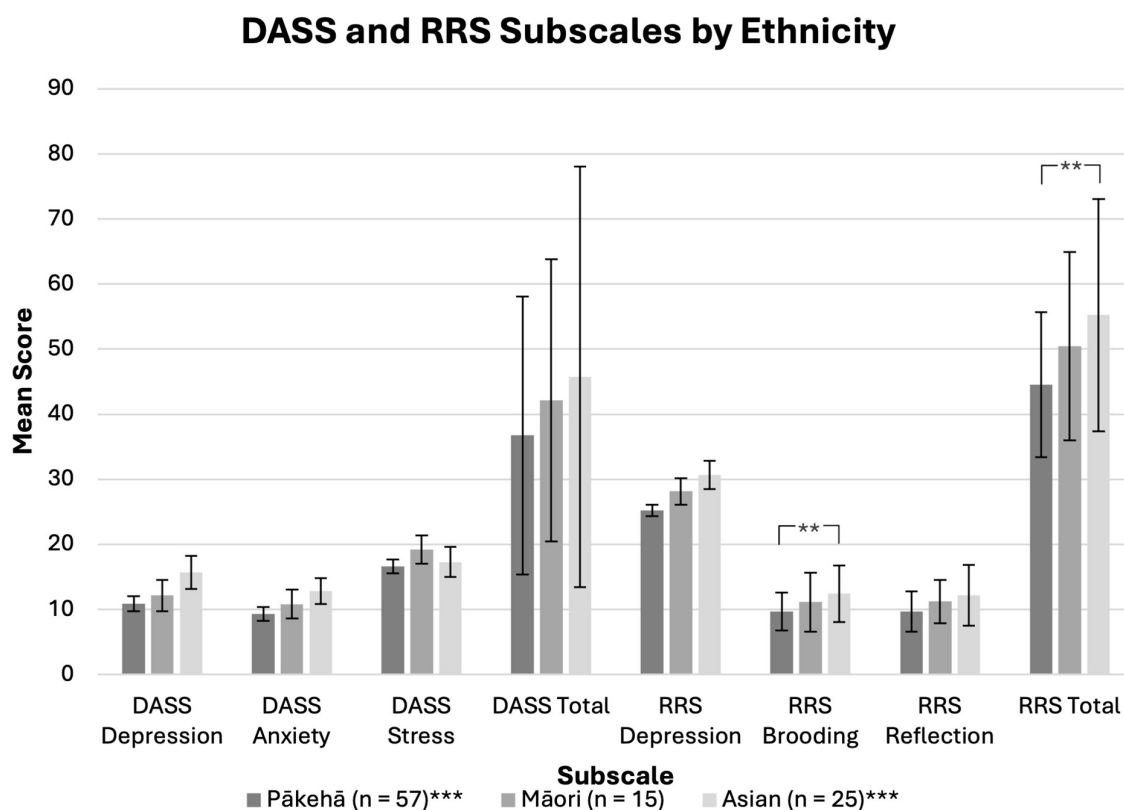
Table 1: Percentages of students meeting Depression Anxiety Stress Scale cutoff for moderate or greater levels of depression, anxiety and stress symptoms.

		Moderate or greater		
		Depression (>14)	Anxiety (>10)	Stress (>19)
Total (n=100)		36 (36%)	45 (45%)	42 (42%)
Gender	Female (n=76)	27 (36%)	40 (53%)	35 (46%)
	Male (n=23)	8 (35%)	4 (17%)	6 (26%)
Ethnicity	Māori (n=15)	5 (33%)	6 (40%)	7 (47%)
	Pākehā (n=57)	16 (28%)	24 (42%)	23 (40%)
	Asian (n=25)	14 (56%)	14 (56%)	11 (44%)
	Pacific (n=1)	1 (100%)	1 (100%)	1 (100%)
	Other (n=2)	0 (0%)	0 (0%)	0 (0%)

Table 2: Percentages of students meeting Depression Anxiety Stress Scale cutoffs for severe to extremely severe levels of depression, anxiety and stress symptoms.

		Severe to extremely severe		
		Depression (>21)	Anxiety (>15)	Stress (>26)
Total (n=100)		20 (20%)	29 (29%)	21 (21%)
Gender	Female (n=76)	17 (22%)	25 (33%)	15 (20%)
	Male (n=23)	3 (13%)	3 (13%)	5 (22%)
Ethnicity	Māori (n=15)	2 (13%)	4 (27%)	5 (33%)
	Pākehā (n=57)	8 (14%)	13 (23%)	9 (16%)
	Asian (n=25)	10 (40%)	11 (44%)	6 (24%)
	Pacific (n=1)	0 (0%)	1 (100%)	1 (100%)
	Other (n=2)	0 (0%)	0 (0%)	0 (0%)

Figure 1: Mean scores of the DASS and RSS subscales in Pākehā, Māori and Asian students.*



*Error bars represent +1 standard error of the mean.

**Significant differences found on ANOVA *post hoc* analysis.

***n=54 Pākehā and n=21 Asian for RRS mean scores.

DASS = Depression Anxiety Stress Scale; RRS = Ruminative Responses Scale.

Minimum and maximum possible scores: DASS depression, anxiety and stress subscales: 0–42; DASS total: 0–126; RRS brooding and reflection: 5–20; RRS depression: 12–48; RRS total: 22–88.

Table 3: Pearson correlations between subscales of DASS and RRS.

	DASS depression	DASS anxiety	DASS stress	DASS total
RRS depression	.87***	.64***	.65***	.83***
RRS brooding	.71***	.65***	.68***	.78***
RRS reflection	.67***	.46***	.48***	.62***
RRS total	.85***	.65***	.67***	.83***

***Correlation at 0.001 (two-tailed).

n=93.

DASS = Depression Anxiety Stress Scale; RRS = Ruminative Responses Scale.